2026 Flip City Holiday Classic

Trinity Western University
Langley, BC
Work plan #3
December 11-13 2026

FLIP CITY GYMNASTICS

HOST CLUB	Flip City Gymnastics #4-20279 97 Ave Langley, BC V1M 4B9 www.flipcitygym.com Flip City Gymnastics Contact: Bobbie Worrall – Competitive Program Director (E) competitive.flipcity@gmail.com
WEBSITE	https://www.flipcitygym.com/hosted-events/
VENDORS	Stalls will include our own custom apparel stall, Quatro and GymGear bodysuits, Koquetta Accessories, TS Freeze Dried Foods, Yaya's yarning creations, and more!
ADMISSIONS	**Admissions can be purchased in advance via this link.**

	Advance	On site
Adult (18+)	$17	$20
Student (6-17)/Senior (65+)	$10	$10
Group	$48	$50

MEGA 50/50	This year's Holiday Classic 50/50 is being combined with our annual club 50/50 fundraiser, and as a result it has a minimum take home of $11,500! Last year's winner took home over $14,000. The winner will be drawn Monday December 14th. Purchase tickets via the link below! **50/50 tickets**

Event Information

COMPETITION DATE	December 11-13, 2026
VENUE	Trinity Western University 22500 University Dr Langley, BC V2Y 1Y1
FEES	Entry requests received after November 16th will be at the host's discretion. If requests can be accommodated a $50 late charge will apply on top of the latest registration fee. Please etransfer flipcitygymmasticsclub@gmail.com or mail a cheque to our Pitt Meadows location - #324 19265 Airport Way
REGISTRATION	Registration Deadlines October 15 — Regular registration deadline for all categories. November 15 — Latest registration deadline: any registrations received after November 15, 2026 may be refused at Flip City's discretion. Please ensure you have uploaded each athlete's music in Kscore! **Full payment must be received within seven days of the October 15, 2026 deadline** to be considered on-time. Failing to register a coach who is on the floor will result in a $100 fee charged to the club where the coach is employed.
REFUNDS, WITHDRAWALS, AND LEVEL CHANGES	From October 16th onward refunds will only be issued provided a medical note is submitted with the refund request. Refunds will be issued less $40 and the athlete will still receive a gift. Any refund requests received after December 10th at 4:00pm will not be accepted. **To request a refund please fill out the linked form!** Only requests submitted through the form will be accepted. Until October 15th level changes can be completed through K-score directly. From October 16th to November 15th please email competitive.flipcity@gmail.com to request a level change. After November 15th you will need to **use the linked form** and will be charged a $10 level change fee.
PHOTOGRAPHY	Cakewalk media will be capturing all athletes on beam and floor! To make sure you get your photos at the best price be sure to order in advance for $30. This gets you all the photos of your athlete! Photos on site will be $50, and only single photo purchases will be available. **Pre-purchase linked here!**

COACH ELIGIBILITY

Minimum NCCP requirements

NCCP Certification

All coaches must have the appropriate NCCP certification to be on the field of play as per the GymBC Operations Manual as well as successful completion of the Respect in Sport (RiS) program. Coaching certification will be verified by Flip City for all coaches registered for the competition. Coaches with inadequate certification will be contacted to advise them of the situation.

Any coach with missing certification who is found to be coaching on the field of play during the event, will be subject to a $200 fine (from Gymnastics BC)

Minimum certification requirements:

WAG CCP 1-2	NCCP Gymnastics Foundations Certified and Respect in Sport.
WAG CCP 3-5, Xcel Bronze-Gold	NCCP Competition Introduction (Comp 1) Certified and Respect in Sport
WAG CCP Levels 6-8, Xcel Platinum-Diamond, Aspire, Youth 1	NCCP Competition Introduction Advanced (Comp 2) Certified and Respect in Sport.
WAG CCP Levels 9-10, HP, Youth 2-3	NCCP Competition Development (Comp 3) Certified and Respect in Sport

ACCOMMODATION

Sandman Signature Suites - 8828 201 St, Langley, BC V2Y 0C8
https://reservations.sandmanhotels.com/113141?groupID=5524682#

Sandman Signature Langley

Dates	Standard Room, 1 King Bed	Standard Room, 2 Queen Beds	Standard Suite, 1 King Bed, Sofa Bed, Kitchenette	Standard Suite, 1 King Bed, Sofa Bed, Kitchen
Dec 11-15, 2026	$169	$179	$189	$219

Sandman Hotel - 8855 202 St., Langley Twp, BC V1M 2N9
https://reservations.sandmanhotels.com/113082?groupID=5524639#

Dates	Standard Room, 1 Queen Bed	Standard Room, 2 Doubles Beds	Standard Suite, 1 King Bed, Sofa Bed, Kitchenette
Dec 11-15, 2026	$139	$149	$184

COMPETITION INFORMATION
Women's Artistic Gymnastics

CATEGORIES

- CCP 1-10
- Aspire 1 and Aspire 2 (Youth 1)
- National Novice (Youth 2) and HP Novice (Youth 3)
- Xcel Bronze - Diamond

Athletes will be grouped by birth year(s). Ideally, groupings for awards will be balanced with a maximum of approximately 14 in any given level/birth year. Athletes registered in level / birth year with few participants will be grouped together. No changes to the groupings will be made once they are circulated with the final schedule

EVENT SUMMARY

Category	Individual Awards	Special Awards
Xcel, CCP 3-10, Aspire	• Medals 1-3 • Ribbons 4-10	In all categories on all apparatuses a judge may or may not award a special award of their choosing.
CCP 1-2	• G/S/B Ribbon • AA medal	
HP	• Medals 1-3	

TRIALS

This event serves as trials for the 2027 Canada Winter Games.

EQUIPMENT

Equipment in the competition gyms will be branded S/A Sport. Clubs may NOT bring any additional pieces of equipment.

WARM UP PROCEDURES

Please review the GymBC Warm-Up Procedures:

https://www.gymbc.org/media/njth5fbq/bc-ccp-charts-xcel-program.pdf

COMPETITION ATTIRE (COACHES)

Coaches must dress according to the GymBC Guidelines.

https://www.gymbc.org/media/z3mlz1mc/wag-operations-manual.pdf

- Appropriate training suit, excluding hats, shorts, midriff tops, ripped or torn clothing or similar.
- Top: t-shirt, polo shirt or training jacket. (NO shorts).
- Appropriate indoor sport footwear.

2026 Flip City Holiday Classic

Trinity Western University
Langley, BC
Work plan #3
December 11-13 2026

FLIP CITY GYMNASTICS

FINAL SCHEDULE

FRIDAY, DECEMBER 11

Session 1	7:30 – 10:00	WAG	Xcel Bronze (56) + Silver Aug2016-2018 (28)
Session 2	10:15 – 12:45	WAG	Xcel Silver 2013-Jul 2016 (84)
Session 3	13:00 – 15:45	WAG	Xcel Silver 2012-2010 (10) + Gold 2009-2013 (59)
Session 4	16:00 – 18:45	WAG	Xcel Gold (79)
Session 5	19:00 - 21:00	WAG	Xcel Platinum (41) + Diamond (7)

SATURDAY, DECEMBER 12

Session 6	8:00 – 11:00	WAG	CCP 8 (43) + Aspire 1 (8) + Aspire 2 (17)
Session 7	11:15 – 13:45	WAG	CCP 9 (27) + National Novice (4) + HP Novice (4)
Session 8	14:15 – 17:45	WAG	CCP 10 (36) – Canada Winter Games
Session 9	18:00 - 20:30	WAG	CCP 7 (64)

SUNDAY, DECEMBER 13

Session 10	8:00 – 10:30	WAG	CCP 6 (67)
Session 11	10:45 – 1:00	WAG	CCP 4 (36) + 5 (27)
Session 12	13:15 – 15:15	WAG	CCP 3 (62)
Session 13	15:30 – 17:30	WAG	CCP 1 (22) - 2 (44)