2026 Flip City Holiday Classic

	Trinity Western University Langley, BC Work plan #2 December 11-13 2026	FLIP CITY GYMNASTICS
HOST CLUB	Flip City Gymnastics #4-20279 97 Ave Langley, BC V1M 4B9 www.flipcitygym.com Flip City Gymnastics Contact: Bobbie Worrall – Competitive Program Director (E) competitive.flipcity@gmail.com	
WEBSITE	https://www.flipcitygym.com/hosted-events/	
SPECIAL EVENT – HOLIDAY CLASSIC CRAFT FAIR	We will once again be offering the Holiday Classic Craft Fair! Local artisans from all over the lower mainland will have booths set up around our awards room where you can get some shopping done just in time for the holidays! It's a great opportunity to support local businesses, buy some gifts, or get yourself a treat. A full vendor list will be available in Workplan #3.	

Event Information

COMPETITION DATE

December 11-13, 2026

VENUE

Trinity Western University
22500 University Dr
Langley, BC
V2Y 1Y1

FEES

	Athlete	Coach
~~*Regular Registration* Sept 1–Oct 15~~	~~$140~~	~~$15~~
Late Registration Oct 16 – Nov 1	$160	$30
Latest Registration Nov 2 – Nov 15	$180	$50

Entry requests received after November 16th will be at the host's discretion. If requests can be accommodated a $50 late charge will apply on top of the latest registration fee.

Please etransfer flipcitygymmasticsclub@gmail.com or mail a cheque to our Pitt Meadows location - #324 19265 Airport Way

REGISTRATION

Registration Deadlines

October 15	Regular registration deadline for all categories.
November 15	Latest registration deadline: any registrations received after November 15, 2026 may be refused at Flip City's discretion.

The 2026 Flip City Holiday Classic registration is available through the K-Score online registration process. Please ensure you have uploaded each athlete's music.

Full payment must be received within seven days of the October 15, 2026 deadline to be considered on-time.

Failing to register a coach who is on the floor will result in a $100 fee charged to the club where the coach is employed.

REFUNDS, WITHDRAWALS, AND LEVEL CHANGES

Until October 15th athletes can be withdrawn with no additional fees.

From October 16th onward refunds will only be issued provided a medical note is submitted with the refund request. Refunds will be issued less $40 and the athlete will still receive a gift.

Any refund requests received after December 10th at 4:00pm will not be accepted.

To request a refund please fill out the linked form! Only requests submitted through the form will be accepted.

Until October 15th level changes can be completed through K-score directly. From October 16th to November 15th please email competitive.flipcity@gmail.com to request a level change. After November 15th you will need to **use the linked form** and will be charged a $10 level change fee.

COACH ELIGIBILITY

Minimum NCCP requirements

NCCP Certification

All coaches must have the appropriate NCCP certification to be on the field of play as per the GymBC Operations Manual as well as successful completion of the Respect in Sport (RiS) program. Coaching certification will be verified by Flip City for all coaches registered for the competition. Coaches with inadequate certification will be contacted to advise them of the situation.

Any coach with missing certification who is found to be coaching on the field of play during the event, will be subject to a $200 fine (from Gymnastics BC)

Minimum certification requirements:

WAG CCP 1-2	NCCP Gymnastics Foundations Certified and Respect in Sport.
WAG CCP 3-5, Xcel Bronze-Gold	NCCP Competition Introduction (Comp 1) Certified and Respect in Sport
WAG CCP Levels 6-8, Xcel Platinum-Diamond, Aspire, Youth 1	NCCP Competition Introduction Advanced (Comp 2) Certified and Respect in Sport.
WAG CCP Levels 9-10, HP, Youth 2-3	NCCP Competition Development (Comp 3) Certified and Respect in Sport

ACCOMMODATION

Sandman Signature Suites - 8828 201 St, Langley, BC V2Y 0C8
https://reservations.sandmanhotels.com/113141?groupID=5524682#

Sandman Signature Langley

Dates	Standard Room, 1 King Bed	Standard Room, 2 Queen Beds	Standard Suite, 1 King Bed, Sofa Bed, Kitchenette	Standard Suite, 1 King Bed, Sofa Bed, Kitchen
Dec 11-15, 2026	$169	$179	$189	$219

Sandman Hotel - 8855 202 St., Langley Twp, BC V1M 2N9
https://reservations.sandmanhotels.com/113082?groupID=5524639#

Dates	Standard Room, 1 Queen Bed	Standard Room, 2 Doubles Beds	Standard Suite, 1 King Bed, Sofa Bed, Kitchenette
Dec 11-15, 2026	$139	$149	$184

COMPETITION INFORMATION
Women's Artistic Gymnastics

CATEGORIES

- CCP 1-10
- Aspire 1 and Aspire 2 (Youth 1)
- National Novice (Youth 2) and HP Novice (Youth 3)
- Xcel Bronze - Diamond

Athletes will be grouped by birth year(s). Ideally, groupings for awards will be balanced with a maximum of approximately 14 in any given level/birth year. Athletes registered in level / birth year with few participants will be grouped together. No changes to the groupings will be made once they are circulated with the final schedule

EVENT SUMMARY

Category	Individual Awards	Special Awards
Xcel, CCP 3-10, Aspire	• Medals 1-3 • Ribbons 4-10	In all categories on all apparatuses a judge may or may not award a special award of their choosing.
CCP 1-2	• G/S/B Ribbon • AA medal	
HP	• Medals 1-3	

TRIALS

This event serves as trials for the 2027 Canada Winter Games.

EQUIPMENT

Equipment in the competition gyms will be branded S/A Sport. Clubs may NOT bring any additional pieces of equipment.

WARM UP PROCEDURES

Please review the GymBC Warm-Up Procedures:

https://www.gymbc.org/media/njth5fbq/bc-ccp-charts-xcel-program.pdf

COMPETITION ATTIRE (COACHES)

Coaches must dress according to the GymBC Guidelines.

https://www.gymbc.org/media/z3mlz1mc/wag-operations-manual.pdf

- Appropriate training suit, excluding hats, shorts, midriff tops, ripped or torn clothing or similar.
- Top: t-shirt, polo shirt or training jacket. (NO shorts).
- Appropriate indoor sport footwear.

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Trinity Western University
Langley, BC
Work plan #2
December 11-13 2026

FLIP CITY GYMNASTICS

DRAFT SCHEDULE

This is a draft schedule only and may change following the final registration deadline.

FRIDAY, DECEMBER 11 (categories and times are tentative)

Session 1	7:30 – 10:00	WAG	Xcel Bronze (56) + Silver Aug2016-2018 (28)
Session 2	10:15 – 12:45	WAG	Xcel Silver 2013-Jul 2016 (84)
Session 3	13:00 – 15:45	WAG	Xcel Silver 2012-2010 (10) + Gold 2009-2013 (59)
Session 4	16:00 – 18:45	WAG	Xcel Gold (79)
Session 5	19:00 - 21:00	WAG	Xcel Platinum (42) + Diamond (5)

SATURDAY, DECEMBER 12 (categories and times are tentative)

Session 6	8:00 – 10:30	WAG	CCP 8 (47) + Aspire 1 (17) + Aspire 2 (6)
Session 7	11:00 – 13:30	WAG	CCP 9 (27) + National Novice (4) + HP Novice (4)
Session 8	14:00 – 17:00	WAG	CCP 10 (36) – Canada Winter Games
Session 9	17:30 - 20:30	WAG	CCP 7 (64)

SUNDAY, DECEMBER 13 (categories and times are tentative)

Session 10	8:00 – 10:00	WAG	CCP 6 (67)
Session 11	10:30 – 12:30	WAG	CCP 4 (38) + 5 (25)
Session 12	13:00 – 15:00	WAG	CCP 3 (58)
Session 13	15:30 – 18:00	WAG	CCP 1 (22) - 2 (49)